BEWELL BESAFE X SCOTTLE STRONG BEWELL BESAFE X SCOTTLE STRONG COLLEGE Be Strong SCOTTLES!



HOW TO USE A FACE MASK OR FACE COVERING:

- Wash your hands before putting on your face covering.
- Put it over your nose and mouth and secure it under your chin.
- Try to fit it snugly against the sides of your face.
- Make sure you can breathe easily.
- Keep the covering on your face the entire time you are around others.
- Don't put the covering around your neck or upon your forehead.
- Don't touch the face covering and, if you do, wash your hands.

HOW TO TAKE OFF YOUR FACE COVERING:

- Until the strings behind your head or stretch the ear loops.
- Handle only by the ear loops or ties.
- Fold outside corners together.
- Place covering in the washing machine.
- Be careful not to touch your eyes, nose, and mouth when removing and wash hands immediately after removing.





CARE FOR FACE COVERINGS:

- Cloth face coverings should be washed after each use.
- Include your face covering with your regular laundry.
- Use regular detergent and the warmest appropriate water setting for the cloth used to make the face covering.
- Disposable masks should not be used for more than one day and should be placed in the trash after your workday.