




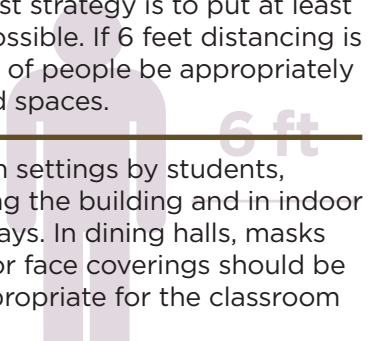


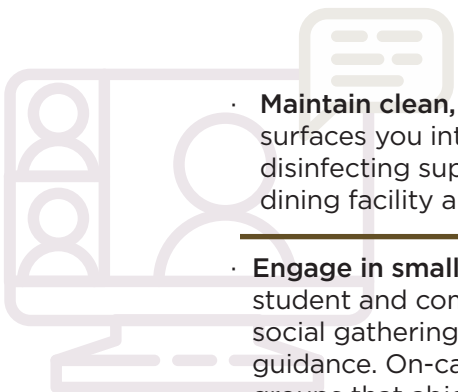
Be Well Scotties

With health and safety as our first priority, our ability to offer a residential, in-person educational experience hinges on the willingness of our campus community to come together in support of our collective health and safety. Each of us has a responsibility to know and act on these standards and policies in a way that maximizes a safe and healthy environment for us to teach, work, learn, and live.

To this end, there are community standards and policies for our employees, students, faculty, and visitors. We are all in this together, and we believe that together, we can face the challenges presented by COVID-19 with resilience, determination, and great support for our community. **BE WELL, SCOTTIES!**

PREVENT AND PROTECT

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- **Understand how the COVID-19 virus spreads.** The best way to prevent illness is to avoid being exposed to someone with the virus. According to the Centers for Disease Control and Prevention (CDC), the primary way the virus spreads is through respiratory droplets produced when an infected person coughs, sneezes, or talks. Research studies have demonstrated that COVID-19 may be spread by people who are not showing symptoms (asymptomatic). There is currently no vaccine available so understanding how to prevent infection, particularly for those with increased risk of complications, is critical.
 - **Wash your hands often.** Everyone should practice regular hand hygiene as advised by the CDC. Research continues to support that washing your hands with soap and water is one of the best ways to remove germs, avoid getting sick and prevent the spread of germs to others. Always wash your hands after you touch highly touched surfaces (such as doorknobs, elevator buttons and photo copiers) and avoid touching your face, especially after coming into contact with these highly touched surfaces. Hand hygiene is especially critical after sneezing or coughing, after using the bathroom, before and after eating and throughout the day. If soap and water are not available, use a hand sanitizer with at least 60% to 90% alcohol as hand sanitizers are also effective at preventing the spread of germs. Also, wash your hands before and after handling a face mask or facial covering.
 - **Practice physical distancing.** Research has shown that transmission of COVID-19 can occur when individuals are asymptomatic. Outdoors, the best strategy is to put at least 6 feet of distance between yourself and others whenever possible. If 6 feet distancing is not possible, it is essential that all individuals within a group of people be appropriately masked. Avoid gathering in large groups and avoid crowded spaces.
 - **Wear a face mask.** Face masks must be worn in all classroom settings by students, faculty, staff, and visitors from entering the building to leaving the building and in indoor common spaces such as common building spaces and hallways. In dining halls, masks must be worn except when eating or drinking. Cloth masks or face coverings should be washed daily, and the fabric design or pattern should be appropriate for the classroom and the workplace.
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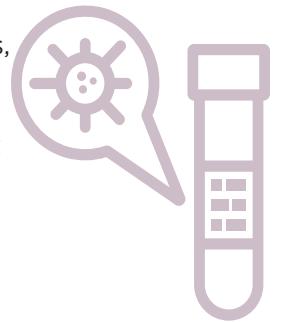
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- **Maintain clean, safe spaces.** Regularly clean and disinfect frequently touched surfaces you interact with and touch with CDC approved disinfectants. Cleaning and disinfecting supplies will be provided in each workplace, classroom, residence hall, dining facility and other campus facilities.
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- **Engage in smaller group and virtual settings.** Individuals and groups, including student and community organizations, should limit in-person programs, events and social gatherings to the number of individuals specified by national, state and local guidance. On-campus space reservations will be limited to those individuals and groups that abide by this guidance.
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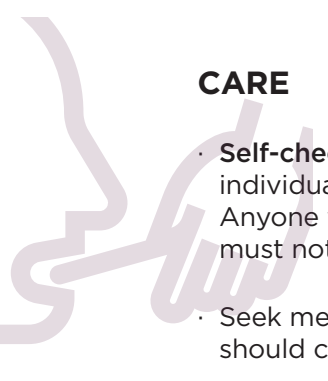
- **Follow immunization recommendations.** Individuals are encouraged (and may be required) to remain current on their recommended immunizations.
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- **Protect the community.** Individuals with COVID-19 symptoms or knowledge of exposure should contact their medical provider and not report to work sites, classes or come to campus (unless your primary residence is on-campus).

Provide medical return clearance. Students that receive a positive COVID-19 test should follow the guidelines from Wellness Center.



CARE

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- **Self-check for symptoms daily.** Before leaving home for work or study each day, all individuals should check for symptoms using the COVID-19 screening checklist. Anyone who is experiencing any symptom(s) indicated on the screening checklist must not go to class or work and should contact their health care provider.
 - Seek medical care. Individuals with COVID-19 symptoms or knowledge of exposure should contact a health care professional.
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- **Participate in medical monitoring and/or contact tracing.** Individuals may be required to participate in self-monitoring of symptoms if identified as a potential close contact of a COVID-19 positive individual or if determined to be an asymptomatic COVID-19 positive person. Individuals may also be required to participate in testing and/or physical separation when recommended or required to do so by a medical provider or public health official.
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- **Promote diversity, equity and inclusion.** Create and sustain community and a sense of belonging where all feel welcomed and respected.
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- **Care for your physical and mental well-being.** Get outside, exercise and take breaks regularly, and connect appropriately with family or friends. You should reach out for support if you or someone you know needs help coping or navigating concerns around mental health and well-being.
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- **Connect across campus.** Physical distancing should not mean social isolation. Seek opportunities to connect appropriately with small groups, student organizations and take advantage of the virtual programs and services that can keep you engaged as a Scottie!

